

SINGAPORE DALCROZE TRAINING PROGRAMME 2009

July 6 - 10: Foundation Award Intensive I*

July 11-12: Workshop for Primary School Teachers

Aug 11 – 14, 16 - 17: Foundation Award Intensive II*

* Exams are available in these periods for ready participants

Dalcroze Eurhythmics is an education *through* music and *for* music

Emile Jaques-Dalcroze's inspiring method stimulate, develops, refines our hearing, sight, touch, knowing and reasoning. It makes us better musicians and performers!

WHO CAN ATTEND?

Anyone involved with creative expression: Studio & Class Music Teachers, Students, Performers, Conductors, Singers, Dancers, Actors, Music Therapists & brave souls who love music!

CONDUCTED BY DALCROZE LEADING AUTHORITIES

Sandra Nash, Andrew Davidson (Australia) – July

Dr. Joan Pope OAM (Australia), **Karin Greenhead** (UK) - August



Organised by: Music Essentials

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(Federation International of Eurhythmics Teachers)

REGISTER NOW! LIMITED SPACES!

Dalcroze Eurhythmics

is a unique approach to Music Education. It is based on the premise that the human body is the source of all musical ideas. Physical awareness or kinaesthetic intelligence is one of our most powerful senses, yet it is often taken for granted. We use it in everyday situations to keep our balance, judge distances, and manipulate the objects around us. In a similar way, we must move with flexibility, fluidity, and economy in order to play a musical instrument with both passion and skill. Dalcroze Eurhythmics allows us to gain a practical, physical experience of music before we theorise and perform. This ensures that the whole person (not just the fingers and the brain) is educated in the development of musicianship and artistry.

Emile Jaques-Dalcroze (1865-1950) was a Swiss composer and pianist. In the early years of the 20th century, he began to research the effect of human movement on musical perception, and the impact of musical elements on movement technique. He called his approach to Music Education, *Eurhythmics*. It means, literally, "good rhythm".

His work developed and gained widespread acclaim in the period immediately prior to World War I. Artists in theatre, dance, and visual forms began to attend his classes. The demonstration lessons he gave in Germany attracted professionals in fields such as physiology and psychology. In this period, Jaques-Dalcroze's followers and supporters included Stanislavski, pioneer of modern theatre; George Bernard Shaw, British writer and critic; Marie Rambert, choreographer and founder of Ballet Rambert; and Adolphe Appia, visionary stage designer. Cellist Jaqueline du Pré, the daughter of a Dalcroze teacher, Iris Greep was influenced by her mother. The Swiss conductor Ernest Ansermet was a great admirer of Dalcroze, as was Frank Martin. Martin and Rambert were both Dalcroze students. Clearly, Dalcroze Eurhythmics had made a major impact in fields beyond Music Education. Today, Dalcroze Eurhythmics still attracts high-calibre performers due to its emphasis on educating the "whole person". It also earns credit as a mechanism for cross-fertilisation between art forms.

Dalcroze Eurhythmics provides a concrete approach (movement) to an abstract art (music). In learning about time, space, energy, weight, and balance through movement, we develop a framework with which to approach the same elements in music. Movement is a universal and fundamental human experience. If its impact in everyday situations is the creative well-spring of the composer, then human movement is the point of entry to the deepest level of musical comprehension. Dalcroze Eurhythmics has a three-part structure, consisting of Rhythmics, Solfège, and Improvisation.

Rhythmics

Rhythmics classes engage the whole body in the physical exploration of musical rhythm, melody, harmony, form, etc. This involves locomotion (moving through space) and gesture (while stationary). Our bodies gain a physical memory of moving to music. Rhythmic exercises refine body memory in terms of technical accuracy and artistic sensibility. It is this refinement of our physical memory that will ultimately inform and improve our instrumental and vocal performance. Rhythmics classes examine the relationship between time, space, and energy in music and movement. They focus on technical mastery of rhythmic ideas found in various musical repertoires, uniting the technical and expressive components of performance. In Rhythmics classes, technique becomes the vehicle for musical expression.

Solfège

Solfège is the European term for the study of pitch through ear training and sight-singing. Jaques-Dalcroze sought to enliven such studies by incorporating the use of gesture and space to improve inner hearing aural perception and training. In this way, the duration of pitches, and the distances between them, can be studied in tandem with the pitches themselves. This is known as Rhythmic Solfège. Jaques-Dalcroze's concern for producing a flexible performer is reflected in his exercises for teaching keys and scales. Known as the Dalcroze Scales, they train the ear and voice to begin any scale somewhere other than the most obvious, fundamental note (the tonic). Considering the extent to which late 19th-century harmony strayed from the tonic, he saw this as an invaluable skill for theoretical analysis, and performance adaptability. This is still the case, today.

Improvisation

Communicating and teaching musical material through an instrument tests the flexibility, fluidity, and economy of the Dalcroze-trained musician. Improvisation classes involve the presentation of a particular musical idea, using all the means at the disposal of a composer, instantaneously. For example: play or sing a theme which contains mixed meter, features a tritone in the melody, and can be sung in canon. This capability is the foundation of the Dalcroze teacher's Art. As a class of students move through space, the teacher gives musical cues with the piano, the voice, or a percussion instrument. Such stimulus engages the ear, and makes us want to move. High-quality stimulus cultivates technical accuracy and artistic sensibility. Concern for the physical origins of music has a profound effect on the Dalcroze-trained performer. Improvisation provides the aesthetic and kinaesthetic building blocks for quality music making.

Source: Dalcroze Australia

SINGAPORE DALCROZE TRAINING PROGRAMME 2009

FOUNDATION AWARD COURSE

PRE-REQUISITES: Ability to sing in tune, read music, play the piano to minimum Grade 5 (ABRSM)

Contents to include:

1. Rhythmic Movement

Movement Technique, Metrics, Expression & Plastique, Written work

Metrics to include: pulse & tempo; metre 2/4, 3/4, 4/4, 5/4, 6/8 and gestures for bar time; expressing rhythm patterns freely and formally; quick reaction in feet and hands, canon, 4-bar rhythm dictations.

2. Aural Training

Voice production, intonation, communication, Tonal vocabulary: pentatonic scales, major scales to 2 #s, natural minors, relatives minors, harmonic and melodic, To improvise vocally on a given rhythm; Scales on rhythm patterns, bichords and trichords, tetrachords in major scales; Clap an ostinato and sing an independent melody on top; Chords, Dictation, Written work

3. Improvisation

Instrumental and tonal exploration; Form and development of memory; Mood, movement and Style; Tonal Vocabulary (Intervals & Modes); Rhythmic Vocabulary, Harmonic vocabulary
Written work

At the end of the course, participants will be advised whether they are ready for the **FOUNDATION AWARD Exams**.

On satisfactory completion of the **Foundation Award Exam**, students may proceed to the **Intermediate Award Course**. Where students already possess the necessary skills, they may be advised by the Course Teachers to proceed straight to the Intermediate level.

DALCROZE EXAMS

During the intensive training courses, participants who are considered to be ready by the teachers will be recommended to take the AWARD exams in July &/August 2009 sessions.

Exam Contents

The exam will include:

- Practical Examinations in three sections: Rhythmics, Solfa and Improvisation
- Written Assessments in all three principal branches
- Continuous Assessment in all three principal branches. Continuous assessment in Application, Attendance, Teamwork, Creativity and progress.

Awards

The **Foundation Award** is awarded on satisfactory completion of the Foundation Course examinations. It signifies that the holder has ***completed an introductory training in Dalcroze Eurhythmics***. It does not entitle the holder to be called a Dalcroze teacher.

The **Intermediate Award** is awarded on satisfactory completion of the Intermediate Course examinations. It signifies that the holder is ***entitled to incorporate Dalcroze principles within his or her profession*** (for example as a teacher of piano, violin/other instrument, conducting, composition, drama, dance, or as a music/movement therapist). It does not entitle the holder to be called a teacher of Dalcroze Eurhythmics.

As many candidates will complete some parts of the examination before others, Award certificates will state the Section(s) passed. When all the parts of the examination have been passed, the full Award certificate will be issued.

Other Information

Prior Training

Participants who had prior training and wish to enter directly to the Intermediate Course will need to show proof of prior training OR to attend one day of the 2009 Training Programme.

What are some of the accepted prior training?

- Japan Dalcroze Passport
- Singapore Dalcroze Record of Attendance
- Mahidol University, Bangkok, Dalcroze Record of attendance.
- Dalcroze Australia Level 1
- Dalcroze Australia Record of attendance

NOTE: Passports/Records of courses attended are proof of attendance only and not a qualification. The Passport should show the holder's photo, name and address, date of course, venue, teacher's signature. Passport Holders must announce in advance if they require a signature.

2009 COURSE DATES

DATES		FEES
July 6 – 10 (Mon – Fri) 9:00am – 4:00pm	Intensive I	S\$500
July 13 (Mon)	Exams (For ready participants)	
July 11 & 12 (Sat & Sun) 9:00am – 3:00pm	Workshop for Primary School Teachers Venue: Keming Primary School dance studio 90 Bukit Batok East Ave 6	S\$140
Aug 11 – 14, 16 - 17 9:00am – 4:00pm	Intensive II Venue for 16 th : Keming Primary School dance studio	S\$600
Aug 18 & 19	Exams (For ready participants)	

Teachers for July:

Sandra Nash (Australia)

BMus Hons. (Sydney); Dalcroze Licence (London); Dalcroze Diplôme Supérieur (Geneva); Director of Studies, Dalcroze Australia; Member of the Collège, Institut Jaque-Dalcroze, Geneva, Switzerland

Andrew Davidson (Australia) Dalcroze Licence, Longy, USA

Teachers for August:

Karin Greenhead (UK) Licence of the Dalcroze Society, UK; Diplome Supérieur, Institut Jaques-Dalcroze, (Geneva); Director of Studies, The Dalcroze Society UK; Principal lecturer in Dalcroze Eurhythmics, Royal Northern College of Music, Member of the Collège, Institut Jaque-Dalcroze, Geneva, Switzerland; GRSM; ARCM, RCM Adv. Cert.

Dr. Joan Pope OAM (Australia) Diplôme Supérieur Institut Jaques-Dalcroze, Geneva

Program for Intensive I & II (may include)

Movement Preparation & body awareness, Rhythmic Movement, Solfege and ear-training
Improvisation, Group projects, Resources, Readings, Tutor groups etc

Workshop for Primary School Teachers (may include)

Movement Preparation, Rhythmics, Ear-training/voice work, Improvisation, Application, Conducting, Resources etc

Venue (except July 11, 12 and Aug 16): People's Association Dance Studio, 9 King George's Avenue (beside Jalan Besar Stadium)

July 11, 12 and Aug 16: Keming Primary School dance studio, 90 Bukit Batok East Ave 6

All registrations close on **June 6th OR once classes are full**. Please register early as places are limited. Confirmation shall be via email/phone.

Overseas participants may pay by BANK DRAFT. Please contact us for bank details.

Record of Attendance shall be awarded upon completion of the course.

Please feel free to share this information with your colleagues & friends.

Music Essentials reserves the rights to combine/cancel sessions due to unforeseen circumstances. For cancellation, full payment shall be refunded.

SINGAPORE DALCROZE TRAINING PROGRAMME 2009

Registration Form

All registrations close on June 6th OR once classes are full

USE CAPITAL LETTERS

NAME

(Name as to appear on the *Record of Attendance*)

Address

Postal Code _____

Mobile

Home _____

Age _____

Email

Profession

Name of School

Subjects taught/Position _____

Instruments played (indicate approx grade or Level): _____

Dalcroze experience No/Yes (please list below &/ enclose evidence)

Please register me (Participants may register for more than one session for more training.)

July 6 – 10 Intensive I S\$500/-

July 11 – 12 Workshop: Primary School teachers S\$140/-

Aug 11 – 14, 16 -17 Intensive II S\$600/-

Amount S\$ _____ BANK & CHEQUE No. _____ (payable to **MUSIC ESSENTIALS**)

CASH/Credit Card is accepted @ Music Essentials

The organiser shall not be held responsible for any injuries sustained during the course.

Signature: _____ Date: _____

Mail to: **Music Essentials (Dalcroze)**

100 Orchard Road, #02-70 Concorde Hotel & Shopping Mall, Singapore 238840