

## What is Dalcroze Eurhythmics?

...an education *through* music  
and *for* music

Emile Jaques-Dalcroze's inspiring method stimulates, develops and refines our hearing, sight, touch knowing and reasoning. Anyone involved with creative expression – music teachers, performers, conductors, actors, dancers and music therapists will find themselves challenged, delighted and renewed by attending this workshop. Dalcroze music education involves the study of rhythmic movement, solfege (ear-training) and improvisation.

## Who can attend the workshop?

Class teachers, studio teachers, performers including singers, composers, conductors, dancers, music therapists, interested amateurs & brave souls who love music! The workshop will run parallel with the **Dalcroze Teachers Course (8 – 12 October 2007)**

## Daily Program

Classes will run from 9.00am to 5.00pm each day  
Lunch break 12.30 – 1.30pm

Movement & body awareness (*Mearing*)  
Dalcroze Rhythmic Movement (*Nash, Pope*)  
Singing (*Carol-ann Bentley*)  
Improvisation (*Pope, Nash*)  
Solfege and ear-training (*Nash, Pope*)  
Dalcroze philosophy, history & resources

## TEACHERS

**Sandra Nash course director**, B Mus, Dalcroze Dip Sup (IID Geneva) is an internationally renowned Dalcroze specialist and a highly sought-after guest lecturer in southeast Asia, Japan, Europe and North America. Sandra holds the Diplôme Supérieur of the Institut Jaques-Dalcroze, Geneva and in 2003 was the first Australian elected to the College of the Institut Jaques-Dalcroze. She is Director of Studies for Dalcroze Australia and a lecturer in Music Education at the Sydney Conservatorium of Music where she is also currently enrolled in a PhD.

**Carol-ann Bentley** T. C., L.Mus.A was a secondary school classroom teacher and choral conductor for many years. During those years she also taught individuals to sing, and after leaving the school system has specialized in voice teaching at her studio. Carol-ann has a performance background, and is the President of A.N.A.T.S. [Australian Association of Teachers of Singing], NSW. She is also a full member of the Australian Society of Clinical Hypnotherapists. Carol-ann has been involved in committee work with Dalcroze in NSW for over twenty years, and is currently the Administrator for Dalcroze Australia, and is a trustee of the Heather Gell Dalcroze Foundation. She has a strong commitment to Dalcroze Eurhythmics, and includes the principles in her teaching of singing.

**Christine Mearing** DCA, Grad Dip Vis Arts) Cert Ed, Cert 4 (Workplace Training and Assessment). Christine began her professional career as a ballet dancer, in WA and at the Royal Ballet School in London. After studying Martha Graham technique and Laban Art of Movement, she went on to dance in classical and contemporary dance companies throughout Europe. Her interests have developed to embrace many aspects of performing and visual arts, namely as an actor, painter and sculptor, and in 2000 she completed her doctorate of Creative Arts. Her credits include teaching contemporary dance at the Australian Ballet School, Victorian College for the Arts and NAISDA Dance College.

**Joan Pope OAM** Dip Sup (IID Geneva), M. Ed(ECU), BA, Dip Ed, B Ed, LRAM(Mime), LRAM(Speech & Drama), Advanced Cert. Art & Design. Joan has influenced a generation of teachers, artists and performers through her teaching of music and related arts in Western Australian universities. She has given Dalcroze workshops around Australia, as well as in southeast Asia where she has been a consultant for new tertiary arts programs. Joan has been on many national committees for dance, physical education and drama and in 2001 she was honoured with the award of OAM for services to the creative arts, children and the community.

## REGISTRATION FORM

Name.....

Address.....

.....P/code.....

Telephone.....

Mobile.....

Email.....

Previous Dalcroze experience.....

.....

Instrument or voice (indicate approx grade or

Level).....

I wish to apply for the following (please tick):

*2 day workshop at \$190*

*1 day workshop at \$100*

OR

*Discount fees for Dalcroze Australia member:*

*2 day workshop at \$170*

*1 day workshop at \$ 90*

OR

*Full-time students and concessions\*:*

*2 day workshop at \$120*

*1 day workshop at \$70*

*\*Please enclose a copy of card with registration.*

Note: No credit card facilities are available

Cheques are payable to Dalcroze Australia

Please complete the form overleaf, detach and mail with your cheque by **FRI. 28 SEPTEMBER 2007** to:

**The Administrator**  
**Dalcroze Australia**  
**PO Box 489, Turrumurra NSW 2074**  
**AUSTRALIA**

**STUDENT INFORMATION**

Please complete this form to assist our presenters in planning the course.

1. I am a  
voice teacher instrumental teacher dancer  
actor tertiary student early childhood teacher  
K-6 teacher 7-12 teacher professional  
performer interested amateur

2. I am a teacher in a  
private studio school franchise

3. Do you have a medical condition or injury ( old or new) that presenters should be aware of?

Yes No

If yes, please specify.....

4. Are you currently engaged in any of the following physical activities?

- i) Movement studies  
yoga pilates feldenkreis alexander technique
- ii) Dance:  
ballet ballroom jazz folk/national modern
- iii) Sport & fitness  
netball hockey swimming aerobics  
gymnastics running riding
- other:.....

*Dalcroze Australia reserves the right to alter without notice program, classes, dates times and/or prices as may become necessary.*

**VENUE**

The Music Practice  
Level 5, 80 Cooper Street  
Surry Hills (Sydney)

Walking distance from Central Station. Take the Elizabeth Street exit, cross into Cooper and walk three blocks. There is no parking available so participants are advised to use public transport.

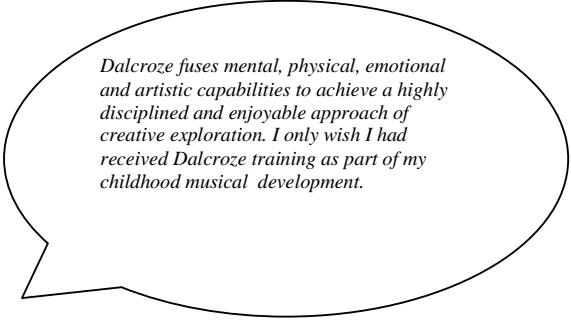
**Accommodation for out of town participants**  
For a range of serviced apartments and hotels in this area go to [www.wotif.com](http://www.wotif.com)

For enquiries about the course, contact the director,  
Sandra Nash. Email: [sjnash@ihug.com.au](mailto:sjnash@ihug.com.au)  
Phone: (02) 9958 6809

**Future event for your diary:**

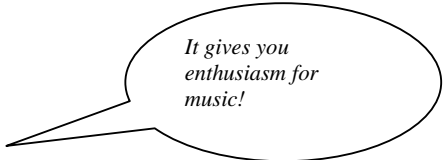
**DALCROZE SUMMER SCHOOL**  
Wed 2 - Sat 12 January 2007  
St. Scholastica's College, Avenue Rd, Glebe,  
visiting guest teacher Dr. Louise Mathieu  
Laval University Quebec City Canada.

**What do people say about the Dalcroze experience?**



*Dalcroze fuses mental, physical, emotional and artistic capabilities to achieve a highly disciplined and enjoyable approach of creative exploration. I only wish I had received Dalcroze training as part of my childhood musical development.*

**Daniel Rojas, composer**



*It gives you enthusiasm for music!*

**Michael**  
**11yr old eurhythmics student**

**Dalcroze Australia**  
with the generous support of the  
Heather Gell Dalcroze Foundation

presents a

*Music through Movement  
Workshop*

*Mon 8 - Tues 9 October 2007*

**The Music Practice**  
Surry Hills - Sydney